

Menu

Winter 2018

SLICE OF PIE



Week 1

Day	Breakfast	Snack	Lunch	Snack	Tea	Snack
Mon	A Choice of Toasted Breads and Spreads, Homemade Pancakes, Eggs, Porridge, Cereals with Milk and A Selection of Fresh Fruit	Fresh Fruit Platter	Creamy Chicken And Leek Pie Or Creamy Quorn And Leek Pie VEG Served With Puff Pastry Topper Sautéed Potato And Seasonal Vegetables Apple And Sultana Cookies FSA Allergy List (4,7)	Fresh Fruit, Vegetable, Cheese and Cracker Platter	Cheese And Tomato Pasta Bake With Focaccia VEG FSA Allergy List (1,2,7)	Child Choice Cracker Snack
Tues	A Choice of Toasted Breads and Spreads, Homemade Pancakes, Eggs, Porridge, Cereals with Milk and A Selection of Fresh Fruit	Fresh Fruit Platter	Lamb And Apricot Meat Balls Or Lentil, Parmesan and Red Pepper Balls VEG Served in a Sweet Potato, Tomato and Rosemary Sauce, With Cous Cous Fine Green Beans, Carrots And Sweetcorn Strawberry And Raspberry Jelly FSA Allergy List (1,2,4,7,14)	Fresh Fruit, Vegetable, Cheese and Cracker Platter	Jacket Potato With Cheese And Baked Beans VEG FSA Allergy List (1,7)	Child Choice Cracker Snack
Wed	A Choice of Toasted Breads and Spreads, Homemade Pancakes, Eggs, Porridge, Cereals with Milk and A Selection of Fresh Fruit	Fresh Fruit Platter	Beef In Plum Sauce Or Sweet and Sour Quorn VEG Served With Stir Fry Noodles And Shredded Chinese Vegetables Broccoli And Green Beans Carrot Cake FSA Allergy List (2,4)	Fresh Fruit, Vegetable, Cheese and Cracker Platter	Hot Wrap Selection Beans VEG or Chicken FSA Allergy List (1,2,4,5,7)	Child Choice Cracker Snack
Thurs	A Choice of Toasted Breads and Spreads, Homemade Pancakes, Eggs, Porridge, Cereals with Milk and A Selection of Fresh Fruit	Fresh Fruit Platter	Pork, Sage And Onion Meat Loaf Or Sweet Potato, Pumpkin and Lentil Loaf VEG Served With Homemade Red-Current Gravy, Roast Potatoes And Seasonal Vegetables Banana And Rice Malt Syrup Loaf FSA Allergy List (1,2,4,7)	Fresh Fruit, Vegetable, Cheese and Cracker Platter	Tuna Melts On Homemade Bloomer Bread VEG Served With Cucumber Rounds FSA Allergy List (1,2,4,5,7)	Child Choice Cracker Snack
Fri	A Choice of Toasted Breads and Spreads, Homemade Pancakes, Eggs, Porridge, Cereals with Milk and A Selection of Fresh Fruit	Fresh Fruit Platter	Homemade Fish Fingers VEG Served With Oven Baked Wedges And Spaghetti Shapes Date And Apple Crumble Slice With Custard FSA Allergy List (1,2,5,7)	Fresh Fruit, Vegetable, Cheese and Cracker Platter	Creamy Chicken and Sweetcorn Soup Or Creamy Leek And Potato VEG Served with Chunky Homemade Bread FSA Allergy List (1,2,7)	

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Food Standard Agency (FSA) Allergy List: 1 - Celery, 2 - Gluten(Ngci)- Crustaceans, 4 - Eggs, 5 - Fish, 6 - Lupin, 7 - Milk, 8 - Molluscs, 9 - Mustard, 10 - Nuts, 11 - Peanuts, 12 - Sesame Seeds, 13 - Soya, 14 - Sulphur Dioxide

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Week 2

Day	Breakfast	Snack	Lunch	Snack	Tea	Snack
Mon	A Choice of Toasted Breads and Spreads, Homemade Pancakes, Eggs, Porridge, Cereals with Milk and A Selection of Fresh Fruit	Fresh Fruit Platter	Lamb And Mint Cobbler Or Quorn And Roasted Root Vegetables Cobbler VEG Served With Roasted New Potatoes, Crinkle Cut Carrots, Peas And Savoy Cabbage Sweet Potato And Apple Cake FSA Allergy List (1,2,4)	Fresh Fruit, Vegetable, Cheese and Cracker Platter	Margarita Pizza VEG Served With Salad And A Garlic Mayo Dip FSA Allergy List (1,2,7)	Child Choice Cracker Snack
Tues	A Choice of Toasted Breads and Spreads, Homemade Pancakes, Eggs, Porridge, Cereals with Milk and A Selection of Fresh Fruit	Fresh Fruit Platter	Thai Turkey Meatballs Or Thai Paneer Cheese And Lentil Balls VEG Served With a Creamy Coconut And Spring Onion Sauce, Rice, Green Beans, Baby Corn And Broccoli Steamed Sticky Toffee Cake FSA Allergy List (1,2,4,7)	Fresh Fruit, Vegetable, Cheese and Cracker Platter	Macaroni Cheese VEG Served with Garlic Dough Balls FSA Allergy List (1,2,7)	Child Choice Cracker Snack
Wed	A Choice of Toasted Breads and Spreads, Homemade Pancakes, Eggs, Porridge, Cereals with Milk and A Selection of Fresh Fruit	Fresh Fruit Platter	Cod In A Lemon And Dill Sauce VEG Served With Penne Pasta Seasonal Vegetables And A Homemade Olive Focaccia Homemade Bourbon Biscuits FSA Allergy List (1,2,5,7)	Fresh Fruit, Vegetable, Cheese and Cracker Platter	Cheese And Tomato Jacket Skins VEG Served With Sour Cream And Cucumber Sticks FSA Allergy List (4,7)	Child Choice Cracker Snack
Thurs	A Choice of Toasted Breads and Spreads, Homemade Pancakes, Eggs, Porridge, Cereals with Milk and A Selection of Fresh Fruit	Fresh Fruit Platter	Chunky Beef Chill Con Carnie Or Chunky Quorn Chilli Con Carnie VEG Served With Oven Baked Crinkle Cut Wedges, Peas And Corn Rice Pudding With Fruit Compote FSA Allergy List (1,2,7)	Fresh Fruit, Vegetable, Cheese and Cracker Platter	Minestrone Soup VEG Served With Cheesy Twists FSA Allergy List (1,2,7)	Child Choice Cracker Snack
Fri	A Choice of Toasted Breads and Spreads, Homemade Pancakes, Eggs, Porridge, Cereals with Milk and A Selection of Fresh Fruit	Fresh Fruit Platter	Char Grilled Lemon And Thyme Chicken Goujon Or Chargrilled Quorn Goujon Fillets VEG Served With Homemade Gravy, Roasted Potatoes, Carrots, Broccoli And Corn Strawberry Puff FSA Allergy List (1,2,4)	Fresh Fruit, Vegetable, Cheese and Cracker Platter	Lamb Keema Or Lentil And Roasted Pepper Keema VEG Served With Rice And Fruity Naan FSA Allergy List (2,14)	Child Choice Cracker Snack

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Week 3

Day	Breakfast	Snack	Lunch	Snack	Tea	Snack
Mon	A Choice of Toasted Breads and Spreads, Homemade Pancakes, Eggs, Porridge, Cereals with Milk and A Selection of Fresh Fruit	Fresh Fruit Platter	Homemade Pork And Apple Sausages Or Cheese and Leek Sausage VEG Served An Onion Gravy With Parmentier Potatoes And Seasonal Vegetables Rhubarb Crumble Cake And Custard FSA Allergy List (1,2,4,7)	Fresh Fruit, Vegetable, Cheese and Cracker Platter	Salmon In A Creamy Dill Sauce VEG Served With Linguine Pasta , Petti Poise And Homemade Ciabatta Bread FSA Allergy List (1,2,5,7)	Child Choice Cracker Snack
Tues	A Choice of Toasted Breads and Spreads, Homemade Pancakes, Eggs, Porridge, Cereals with Milk and A Selection of Fresh Fruit	Fresh Fruit Platter	Beef Stroganoff Or Quorn Stroganoff VEG Served With Braised Rice , Peas , Corn And Rye Crusted Bread Apricot And Oat Biscuits FSA Allergy List (1,2,7)	Fresh Fruit, Vegetable, Cheese and Cracker Platter	Cream Of Tomato Soup VEG Served with Crunchy Croutons FSA Allergy List (1,2)	Child Choice Cracker Snack
Wed	A Choice of Toasted Breads and Spreads, Homemade Pancakes, Eggs, Porridge, Cereals with Milk and A Selection of Fresh Fruit	Fresh Fruit Platter	Chicken Carbonara Spaghetti Or Garlic Mushroom and Halloumi Carbonara Spaghetti VEG Served With Dough Balls And Seasonal Vegetables Raspberry And Vanilla Blancmange FSA Allergy List (1,2,7)	Fresh Fruit, Vegetable, Cheese and Cracker Platter	Vegetable And Lentil Chilli Jacket Potatoes VEG FSA Allergy List (1,7)	Child Choice Cracker Snack
Thurs	A Choice of Toasted Breads and Spreads, Homemade Pancakes, Eggs, Porridge, Cereals with Milk and A Selection of Fresh Fruit	Fresh Fruit Platter	Creamy Fish Korma VEG Served With Braised Rice Green Beans , Peas And A Spinach Garlic Flat Bread Chocolate And Beetroot FSA Allergy List (2,4,5,14)	Fresh Fruit, Vegetable, Cheese and Cracker Platter	Beef Sloppy Joes Or Quorn And Pepper Sloppy Joes VEG Served With Lightly Spiced Wedges , Sweet Corn And Sweet Potato Rolls FSA Allergy List (1,2)	Child Choice Cracker Snack
Fri	A Choice of Toasted Breads and Spreads, Homemade Pancakes, Eggs, Porridge, Cereals with Milk and A Selection of Fresh Fruit	Fresh Fruit Platter	Turkey Burgers Or Sweet Potato, Lentil And Parmesan Sliders VEG Served With Homemade Bap , Oven Baked Wedges , Shredded Iceberg Peas , Corn And A Lemon Mayo Apple And Sultana Swiss Roll FSA Allergy List (1,2,7)	Fresh Fruit, Vegetable, Cheese and Cracker Platter	Creamy Mushroom And Spinach Pasta Bake VEG FSA Allergy List (1,2,7)	Child Choice Cracker Snack

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Week 4

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Mon	A Choice of Toasted Breads and Spreads, Homemade Pancakes, Eggs, Porridge, Cereals with Milk and A Selection of Fresh Fruit	Fresh Fruit Platter	Beef Bolognaise Or Vegetable And Quorn Bolognaise VEG Served With Spaghetti Pasta, Mixed Vegetables And Homemade Garlic Focaccia Bread Lemon And Courgette Cake FSA Allergy List (1,2,4,7)	Fresh Fruit, Vegetable, Cheese and Cracker Platter	Homemade Sausage Rolls Or Cheese And Potato Pasties VEG Served With Baked Beans FSA Allergy List (1,2,7)	Child Choice Cracker Snack
Tues	A Choice of Toasted Breads and Spreads, Homemade Pancakes, Eggs, Porridge, Cereals with Milk and A Selection of Fresh Fruit	Fresh Fruit Platter	Creamy Fish Pie VEG Served With Oven Baked Wedges and Seasonal Vegetables Garibaldi Biscuit FSA Allergy List (1,2,4,5,7,14)	Fresh Fruit, Vegetable, Cheese and Cracker Platter	Lamb Shawarma Or Roasted Paneer and Pepper Shawarma VEG Served With Cous Cous Shredded Iceberg Lettuce And A Mint Yoghurt FSA Allergy List (1,2,7)	Child Choice Cracker Snack
Wed	A Choice of Toasted Breads and Spreads, Homemade Pancakes, Eggs, Porridge, Cereals with Milk and A Selection of Fresh Fruit	Fresh Fruit Platter	Sausage Balls Or Red Leicester and Lentil Balls VEG Served With Yorkshire Pudding, Homemade Gravy, Roast Potatoes And Seasonal Vegetables Cup Cake FSA Allergy List (1,2,4,7)	Fresh Fruit, Vegetable, Cheese and Cracker Platter	Creamy Mushroom Soup VEG Served With Dough Sticks FSA Allergy List (1,2,7)	Child Choice Cracker Snack
Thurs	A Choice of Toasted Breads and Spreads, Homemade Pancakes, Eggs, Porridge, Cereals with Milk and A Selection of Fresh Fruit	Fresh Fruit Platter	Mild Jerk Chicken Or Mild Jerk Quorn Fillet VEG Served With Rice And Peas Jelly And Custard FSA Allergy List (1,4,7)	Fresh Fruit, Vegetable, Cheese and Cracker Platter	Tuna Pasta Bake VEG Served With Broccoli And Corn FSA Allergy List (1,2,5,7)	Child Choice Cracker Snack
Fri	A Choice of Toasted Breads and Spreads, Homemade Pancakes, Eggs, Porridge, Cereals with Milk and A Selection of Fresh Fruit	Fresh Fruit Platter	Beef Stew Or Roasted Root Vegetables and Quorn Stew VEG Served With Dumplings, Hassle Back Potato And Seasonal Vegetables Pineapple Upside Down FSA Allergy List (1,2,4,7)	Fresh Fruit, Vegetable, Cheese and Cracker Platter	Welsh Rarebit VEG Served With Spaghetti Shapes FSA Allergy List (1,2,7)	Child Choice Cracker Snack

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